



Wednesday

**The LIFE Project Programme – June 2026
9.30am – 3.30pm Activity Room Parkside**



Life Skill Focus: Budgeting and Travel Independence

DATE	MORNING	AFTERNOON
3rd June	<p>July programme planning</p> <p>Choose a recipe to make on a budget and shop for ingredients</p>	<p>Prepare and cook your budgeted meal to take home</p>
10th June	<p>Calculate how many miles and how much it will cost to travel to Chawton by minibus</p>	<p>Travel to Chawton for picnic lunch and walk</p>
17th June	<p>Plan the route and the cost of the mileage to travel to and from Ottershaw</p> <p>Shopping for refreshments on an agreed individual budget</p>	<p>NHS Disability Awareness Week Hosting Picnic in the Park in Ottershaw</p>
24th June	<p>Research the bus timetable to Farnham and decide the number and the time of the bus we need to catch</p>	<p>Bus to Gostrey Meadows for picnic lunch and walk</p>
<p>1st July</p> <p>No packed lunch required</p>	<p>SMART Target Reviews</p> <p>Catch the train to from Aldershot to Woking</p> <p>***SMART Target rewards***</p>	<p>Lunch at Wetherspoons on a budget of £10.00 per person</p>

For each session bring sun cream and a packed lunch unless stated otherwise, plus your £5 Activity Fee

For any comments suggestions or queries regarding the activity programme please contact the Club Leader, Mandy Wickins or the Deputy Manager, Angie Morris Tel: 01252 313103 or email Mandy.wickins@parksidealdershot.co.uk or angie.morris@parksidealdershot.co.uk