



## Wednesday

**The LIFE Project Programme – May 2026  
9.30am – 3.30pm Activity Room Parkside**



**Life Skill Focus: Helping each other succeed**

<b>DATE</b>	<b>MORNING</b>	<b>AFTERNOON</b>
<b>6<sup>th</sup> May</b>	June Programme Planning, SMART target planning In 2 teams choose a recipe and shop for ingredients	In your teams prepare and cook your recipe to take home
<b>13<sup>th</sup> May</b>	Choose a trail to complete at Hogsmoor Inclosure	Picnic lunch at Hogsmoor Inclosure and complete the chosen trail
<b>20<sup>th</sup> May</b>	Discussion on 2 outdoor games to play Travel to Alice Holt	Picnic lunch at Alice Holt Play chosen outdoor games
<b>27<sup>th</sup> May</b>	Design a Disney and Marvel Mural as a group	As a team work together to decorate our Mural

For each session bring sun cream and a packed lunch unless stated otherwise, plus your £5 Activity Fee

For any comments suggestions or queries regarding the activity programme please contact the Club Leader, Mandy Wickins or the Deputy Manager, Angie Morris Tel: 01252 313103 or email [Mandy.wickins@parksidealdershot.co.uk](mailto:Mandy.wickins@parksidealdershot.co.uk) or [angie.morris@parksidealdershot.co.uk](mailto:angie.morris@parksidealdershot.co.uk)