



MONDAY

**The LIFE Project Programme – 2026
9.30am – 3.30pm Activity Room Parkside**



Life Skill Focus: Helping each other Succeed

DATE	MORNING	AFTERNOON
4th May	Closed for Bank Holiday	
11th May	June Programme Planning, SMART target planning Enjoy a game of Basketball against LP plus at Manor Park Enjoy a game of Basketball against LP's at Manor Park	Play a Music Quiz against the LP Plus Play a music Quiz against the LP's
LP PLUS GROUP A		
18th May	Enjoy a game of Football against LP Plus at Frimley Lodge Park Enjoy a game of Football against LP's at Frimley Lodge Park	Lunch at Mychett canal Centre Team Water fight at Parkside Lunch at Mychett canal Centre Team Water fight at Parkside
LP PLUS GROUP B		
No Packed lunch required		
25th May	Closed for Bank Holiday	

For each session bring sun cream and a packed lunch unless stated otherwise, plus your £5 Activity Fee

For any comments suggestions or queries regarding the activity programme please contact the Club Leader, Leanne Court or Jade Letham or the Deputy Manager, Angie Morris Tel: 01252 313103 or email Leanne.court@parksidealdershot.co.uk or jade.letham@parksidealdershot.co.uk or angie.morris@parksidealdershot.co.uk