



Tuesday



The LIFE Project Programme – April 2026
9.30am – 3.30pm Activity Room Parkside

Life Skill Focus: Accessing Local Community Services Safely

DATE	MORNING	AFTERNOON
7th April	May programme planning Setting SMART targets Catch the bus to Camberley to practice our safety knowledge whilst using public transport	Bowling in Camberley to celebrate Mayson's Birthday
14th April	Visit King George V Park to risk access the outdoor gym before using it	Picnic lunch, the group to choose the safest route for a relaxing walk
21st April	Swimming at Aldershot pools (Alternative activity to be agreed for non-swimmers)	Group discussion around how to keep ourselves and our possessions safe whilst accessing the community
28th April	Review SMART targets Catch the train to Guildford to practice our safety knowledge whilst accessing trains	Walk in Guildford to practice the Green Cross Code *** Shopping for SMART target rewards ***

For each session bring sun cream and a packed lunch unless stated otherwise, plus your £5 Activity Fee
 For any comments suggestions or queries regarding the activity programme please contact the Club Leader, Leanne Court or Jade Letham or the Deputy Manager, Angie Morris Tel: 01252 313103 or email Leanne.court@parksidedaldershot.co.uk or jade.letham@parksidedaldershot.co.uk or angie.morris@parksidedaldershot.co.uk