

Wednesday

The LIFE Project Programme – March 2026

Life Skill Focus: Caring for Others and Working Together

9.30am – 3.30pm Activity Room, Parkside GU12 4BP



<p>4th March</p>	<p>AM – April programme planning, setting SMART targets A group discussion around how we can help at home Write jobs list for chores to be completed in our homes</p> <p>PM - Sensory seated dance with Rachel Collectively as a group moving 5k to fundraise for Make a Wish Foundation</p>
<p>11th March</p>	<p>AM – Make a Kindness card for someone you care about</p> <p>PM – Sensory seated dance with Rachel Collectively as a group moving 5k to fundraise for Make a Wish Foundation</p>
<p>18th March No packed lunch required***** Please bring in an unwanted item from home to donate</p>	<p>AM – Donate items to the groups chosen charity shops Help a friend choose and order their lunch at the Spire Café in Farnham</p> <p>PM – Sensory seated dance with Rachel Collectively as a group moving 5k to fundraise for Make a Wish Foundation</p>
<p>25th March</p>	<p>AM – Shopping for products to make a care package, then donate to a Hygiene Bank</p> <p>PM – Sensory seated dance with Rachel Collectively as a group moving 5k to fundraise for Make a Wish Foundation</p>
<p>1st April</p>	<p>AM – Making Easter Bonnets, Parkside’s Easter Bonnet Parade</p> <p>PM – Shopping for a pet food product, then donate to a Pet Food Bank</p>

Please bring sun cream and a packed lunch to every session unless otherwise stated and your £5.00 Activity Fee For any comments suggestions or queries regarding the activity programme please contact the Club Leader, Mandy Wickins or the Deputy Manager, Angie Morris
Mandy.wickins@parksidealdershot.co.uk or angie.morris@parksidealdershot.co.uk

A kind reminder: When parents or carers need to reach the LIFE Project staff, please contact Parkside’s main telephone number. The admin team can promptly relay your message within office hours.

