



Tuesday

The LIFE Project Programme – March 2026

Life Skill Focus: Caring for Others and Working Together

9.30am – 3.30pm Activity Room, Parkside GU12 4BP

3rd March	<p>AM – April programme planning, setting SMART targets Shopping for food items to donate to The Grub Hub</p> <p>PM – Visit the Grub Hub in Aldershot to donate purchased food items</p>
10th March	<p>AM – Litter picking at Frimley Lodge Park Picnic lunch</p> <p>PM - Collectively as a group Walking 5k to fundraise for Make a Wish Foundation</p>
17th March	<p>AM – Shopping for items to make treat baskets</p> <p>PM – Sharing our treat baskets with the elderly residents at Holly Lodge residential home (to be confirmed)</p>
24th March	<p>AM – Prepare food for an afternoon tea party for parents and carers who can attend</p> <p>PM - Mini afternoon tea party</p>
31st March	<p>AM – Group vote to select an outdoor venue Picnic lunch</p> <p>PM - Collectively as a group walking 5k to fundraise for Make a Wish Foundation</p>

Please bring a packed lunch to every session unless otherwise stated and your £5.00 Activities Fee

For any comments suggestions or queries regarding the activity programme please contact the Club Leader, Jade Letham or the Deputy Manager, Angie Morris

Tel: 01252 313103 or email Jade.letham@parksidealdershot.co.uk or angie.morris@parksidealdershot.co.uk

A kind reminder: When parents or carers need to reach the LIFE Project staff, please contact Parkside's main telephone number. The admin team can promptly relay your message within office hours.

