



Thursday

The LIFE Project Programme –March 2026

Life Skill Focus: Caring for Others and Working Together

9.30am – 3.30pm Activity Room, Parkside GU12 4BP

<p>5th March Please bring in an unwanted item from home to donate</p>	<p>AM – April programme planning, setting SMART targets Research local charity shops, group vote to choose where to donate your unwanted item from home</p> <p>PM – Donate items to the groups chosen charity shops</p>
<p>12th March</p>	<p>AM – Making cards or gifts for Mother’s Day or Someone Special to us</p> <p>PM - Collectively as a group walking 5k to fundraise for Make a Wish Foundation</p>
<p>19th March</p>	<p>AM – Shopping for ingredients to bake cakes, baking cakes</p> <p>PM – Sharing our baked cakes with the PIP Service Users and staff</p>
<p>26th March</p>	<p>AM – Litter picking in Queen Elizabeth Country Park</p> <p>PM – Steps with Rick’s Virtual workout to collectively as a group achieve our 5k to fundraise for Make a Wish Foundation</p>
<p>2nd April</p>	<p>AM – Shopping for Hot Cross Bun ingredients</p> <p>PM – Baking Hot Cross Buns to share with someone at home</p>

Please bring sun cream and a packed lunch to every session unless otherwise stated and your £5.00 Activity Fee

For any comments suggestions or queries regarding the activity programme please contact the Club Leader, Jade Letham or the Deputy Manager, Angie Morris

Tel: 01252 313103 or email Jade.letham@parksidealdershot.co.uk or angie.morris@parksidealdershot.co.uk

A kind reminder: When parents or carers need to reach the LIFE Project staff, please contact Parkside’s main telephone number. The admin team can promptly relay your message within office hours.

