



Thursday

The LIFE Project Programme – February 2026

Life Skill Focus: Appreciating Cultures Around the World

9.30am – 3.30pm Activity Room, Parkside GU12 4BP

5th February	<p>New Zealand</p> <p>AM – March programme planning, setting SMART targets Researching the New Zealand culture</p> <p>PM – Researching and practicing 'The Haka'</p>
12th February	<p>Canada</p> <p>AM – Shopping for items to make traditional 'Poutine'</p> <p>PM – Researching animals that are native to Canada then drawing them</p>
19th February	<p>Romania</p> <p>AM – Explore what we know about Transylvania and its myths of Vampires</p> <p>PM – Research famous medieval castles in Romania In a team build a Romanian castle</p>
26th February	<p>Norway</p> <p>AM – Review SMART targets Watch the documentary 'Frozen Planet' Research the Northern Lights</p> <p>PM – ***Shopping for SMART target reward***</p>

Please bring a packed lunch to every session unless otherwise stated and your £5.00 Activity Fee.

For any comments suggestions or queries regarding the activity programme please contact the Club Leader, Jade Letham or the Deputy Manager, Angie Morris

Tel: 01252 313103 or email Jade.letham@parksidealdershot.co.uk or angie.morris@parksidealdershot.co.uk

A kind reminder: When parents or carers need to reach the LIFE Project staff, please contact Parkside's main telephone number. The admin team can promptly relay your message within office hours.

